

June 2 and 3, 2004
Hunt Regency Oak Brook



Stronger Roots Stronger Branches

Revisiting the role of spirituality and
ritual in prevention and treatment



PREVENTIONFIRST



the multicultural conference for those working
to sustain and strengthen the health and well-being
of communities of color



The Illinois Department of Human Services and the Illinois Department of Children and Family Services are pleased to present this one-of-a-kind conference that celebrates our diverse traditions and cultures and explores their ability to bring health and healing to our communities.

In the past few decades, we have made tremendous advances in preventing and treating some of the most pressing public-health issues of our time. We have not yet, however, been able to achieve the level of success in communities of color we have achieved in other communities. During the next two days, you will be joined by your colleagues in child welfare, education, counseling, substance abuse and community advocacy to examine the reasons for this disparity and the remedies for it. You are all familiar with the grim statistics faced by communities of color, but you have also seen the deep reservoirs of strength within these communities. You know that the answers lie within. You know we will find them together.

It is my hope that at this conference you will find workshops, speakers, colleagues and rituals that speak to your work and the needs of your community. It is my belief that, together, we can and will find new ways to use old traditions to heal communities of color.

Sincerely,

A handwritten signature in black ink that reads "Carol L. Adams". The signature is fluid and cursive, with a long, sweeping tail that extends to the right.

Carol L. Adams, Ph.D.
Secretary
Illinois Department of Human Services

Welcome to

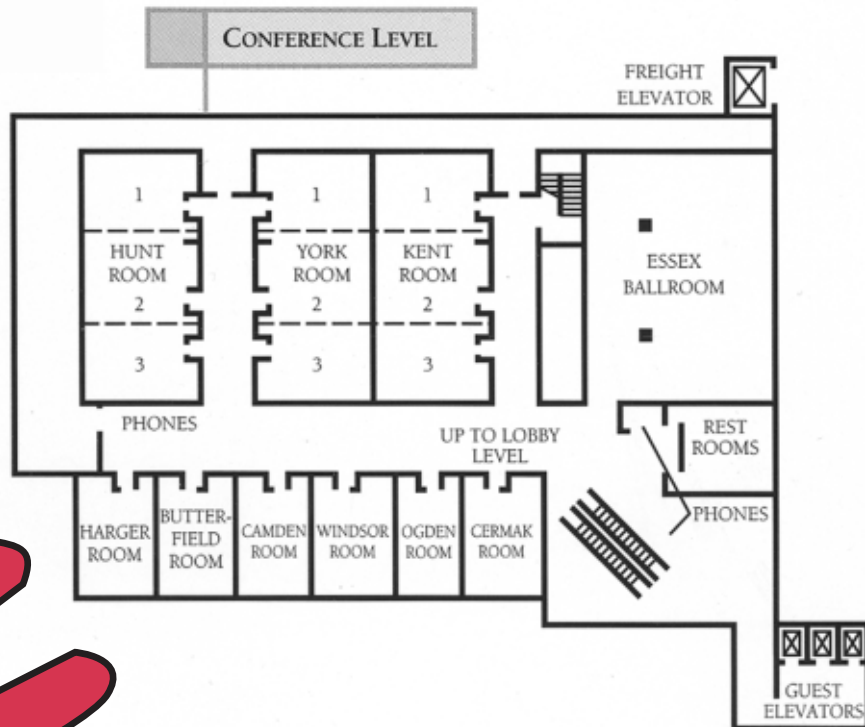
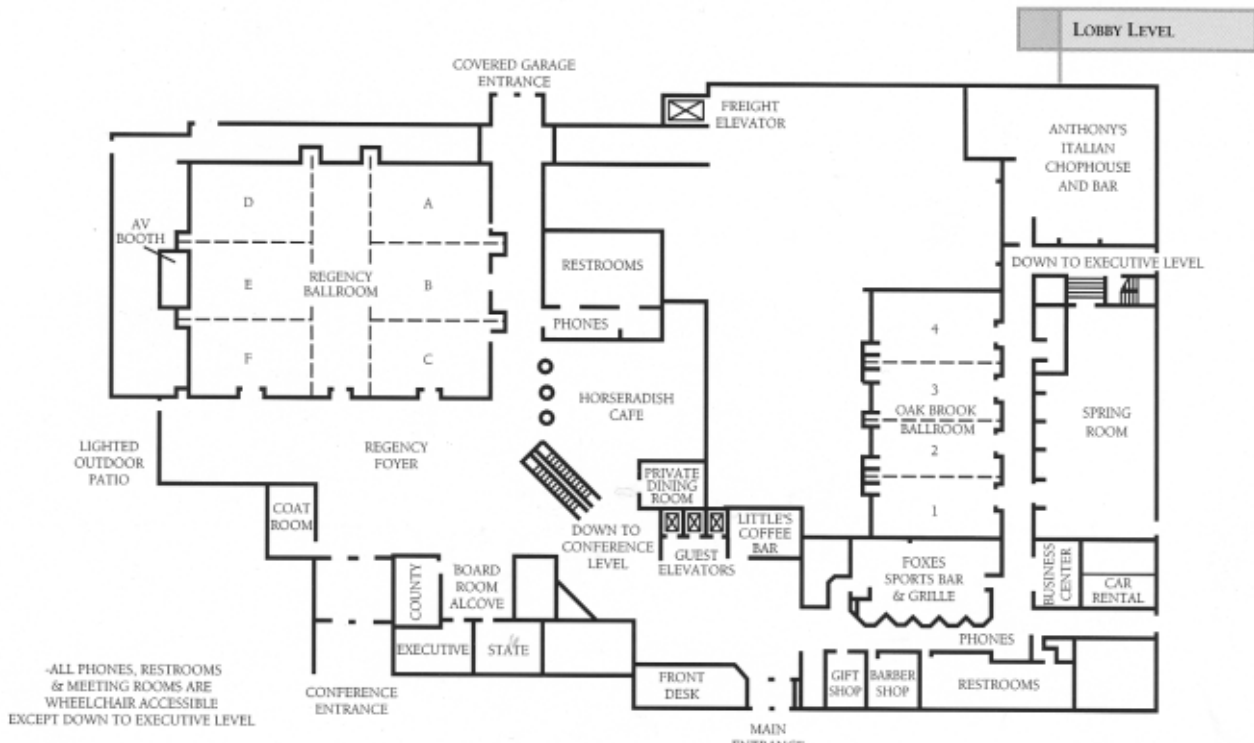
Stronger Roots, Stronger Branches: Revisiting the role of spirituality and ritual in prevention and treatment.

This is the multicultural conference for those working to sustain and strengthen the health and well-being of communities of color. During the next two days we will observe rituals, celebrate traditions, listen to powerful speakers, forge new bonds, and discuss the issues close to our hearts and our communities. In addition to cultural celebrations, keynote addresses and networking opportunities, you can choose from dozens of workshops dealing with the interaction of prevention, intervention and treatment with youth, families and communities.

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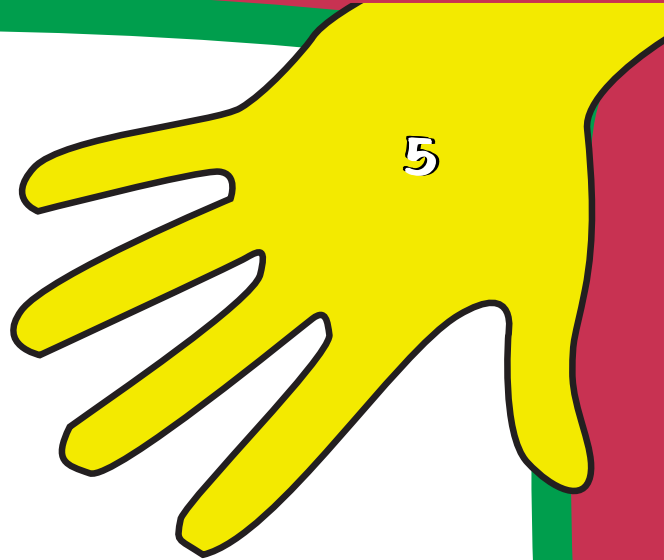
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Hotel Maps



Stronger Roots, Stronger Branches:

*Revisiting the role of spirituality and
ritual in prevention and treatment*



Agenda At-A-Glance

June 2

8–9 a.m.	Registration and Breakfast
9–9:30 a.m.	Traditional Native-American Prayer
9:30–10 a.m.	Opening Remarks Theodora Binion Taylor, Director, Division of Alcohol and Substance Abuse (invited) Bryan Samuels, Director, Department of Children and Family Services Connie J. Brooks, Director, Division of Community Health and Prevention (invited) Carol L. Adams, Secretary, Department of Human Services (invited)
10–10:45 a.m.	Keynote Address, Rabbi Kerry M. Olitzky
10:45–11 a.m.	Break
11 a.m.–12:30 p.m.	Breakout Sessions (See pages 14 and 15.)
12:30–12:45 p.m.	Break
12:45–1 p.m.	African Water Ritual
1–1:45 p.m.	Lunch
1:45–2:15 p.m.	Steven Guerra, Director, Office of Prevention
2:15–3:00 p.m.	Keynote Address, Yolanda Nava
3:00–3:30 p.m.	Refreshment Break—Use this time to browse the exhibits!
3:30–5 p.m.	Breakout Sessions (See pages 16 and 17.)
5:30–7:30 p.m.	Reception featuring Latina vocalist Ivette Franco, Cuban dance from Culture Clash and African music from San Kofa

June 3

7–8 a.m.	Registration and Breakfast
8–8:30 a.m.	<i>Poong-Mool No-Ri</i> Korean Drumming
8:30–9:15 a.m.	Keynote Address, Don Coyhis
9:15–9:30 a.m.	Break
9:30–11 a.m.	Breakout Sessions (See pages 18 and 19.)
11–11:15 a.m.	Break
11:15 a.m.–12:45 p.m.	Breakout Sessions (See pages 20 and 21.)
12:45–1:30 p.m.	Lunch
1:30–2:15 p.m.	Keynote Address, Bishop Simon Gordon
2:15–3 p.m.	Closing Elder Ceremony

Celebration

We come together to explore the role of spirituality and cultural customs, ceremonies and rituals in prevention and treatment and examine how each promotes health and healing in the communities we serve.

This is an environment in which we can give voice to the spirituality and rituals of our communities and begin collaborative efforts to reshape prevention and treatment services into a blend of spirituality, ritual and science that holistically addresses the needs and well-being of our communities.

We will begin by recognizing our natural connection to the four cardinal directions with a traditional Native-American prayer, led by Starr Bresette. The prayer honors North, South, East and West and the elements, stages of life and people associated with each.

With an African water ritual, we will elicit healing values from each individual and bring them together in one mind, one heart and one voice. The water ritual is an experiential learning process in which participants symbolically place in a communal pitcher of water something from their hearts that will heal the community. When everyone has done this, we will share a drink of water, recognizing that water is a symbol of purification for all cultures.



ng Traditions

We will sing, dance and gather power with *Poong-Mool No-Ri*, Korean drumming traditionally played for harvesting rituals and to gather people for collective action. Today, it continues to be played by Koreans all over the world to celebrate Korean heritage and to resist oppression. Musicians active with Korean American Women in Need and the Korean American Resource and Cultural Center will play four traditional Korean percussion instruments, which represent different aspects of the universe. The *Kweng-gwa-ri* represents stars and thunder; the *Jing*, sun and wind; the *Book*, moon and clouds; and the *Jang-go*, rain and man and woman. *Poong-Mool No-Ri* is not a performance but a call for all people to dance, sing and gather power.

We will honor veterans of community work and ask them to ceremonially pass the torch and their insights to newer workers. Throughout the conference, self-identified elders will present new workers with a piece of written wisdom they have gained during their time in the field. At the close of the conference, we will gather to hear the new workers read these ideas aloud.



Conference Highlights

Celebrate and Connect

Rejoice in music and dance while meeting new colleagues at a reception from 5:30 to 7:30 p.m. June 2 in the Regency Ballroom

Latina vocalist Ivette Franco will serenade the reception with jazz classics. Franco, who studied voice at Northern Illinois University, has performed for the past 10 years at noted jazz venues, including The Bop Shop, Andy's and The Green Mill. She has studied with Bill Russo, Bobbi Wilson and Jackie Allen and was a 2003 fellow at Janice Borla's Jazz Vocal Camp. Franco can be heard on the CD House Hour.

Dancers and musicians from Youth Struggling for Survival will present Culture Clash, an offering of dance from different traditions and cultures. The youth will dance to one drum and to one sound to connect with the origins of all dance forms. They will perform a Cuban warrior dance, a mock battle between two sides, with drummers providing the natural beat for the battle to start.

Youth from the San Kofa Project at Bobby E. Wright Comprehensive Behavioral Health Center will honor the African culture with dance and music. Embodying the definition of the Ghanaian words San Kofa (return back and fetch it), the teens reclaim their heritage with artistic expressions from the motherland.



Make Your Voice Heard

Join the conversation in one of three continuous dialogue rooms during each of the four breakout sessions. Facilitators in three separate rooms will lead conversations—one on prevention, one on intervention and one on treatment—but the direction of the conversations will be determined entirely by participants. Conference participants are invited to discuss concerns and issues based on their own experience or on topics covered in keynote addresses and breakout sessions. Notes on each conversation, taken by the facilitators, will be presented to the Department of Human Services as a planning aid.

To talk about prevention, go to the Camden room during any of the four breakout sessions. To talk about intervention, go to the Windsor room during any of the four breakout sessions. To talk about treatment, go to the Ogden room during any of the four breakout sessions.

Observe Personal Rituals

Take time to begin or continue your own personal ritual, whether it be yoga, meditation or another custom with which you begin your day. A space for exercising personal rituals will be open from 6 to 7 a.m. June 3 in the Kent room. Activities in this room will not be facilitated; conference participants are invited to use it for self-directed pursuits alone or in groups.

Featured Speakers

June 2, 10:00-10:45 a.m.

A dedication to bringing Judaism to interfaith families and the unaffiliated drives the Jewish Outreach Institute and its executive director, Rabbi Kerry M. Olitzky. A leader in the development of innovative Jewish education, particularly for adults, Olitzky has shaped training programs for clergy of all faiths, especially in the area of pastoral care and counseling in the Jewish community. He has also done pioneering work in the area of Jewish 12-step spirituality and Jewish gerontology. He is a fellow at the Center for Jewish Studies, Graduate School and University Center, City University of New York, and a contributing editor for *Shma: A Journal of Jewish Responsibility*.



June 2, 2:15-3 p.m.

Favorite folktales and time-tested *dichos* inspired Emmy-winning journalist Yolanda Nava to write *It's All in the Frijoles*, a collection of sayings, stories and songs remembered by notable Latinos such as Octavio Paz and Edward James Olmos. In her groundbreaking career, Nava was the first Mexican-American woman to host a nationally syndicated television show and founded the first television station in the country to be owned by Mexican-American women. She is also a newspaper columnist, consultant and community leader in child development.





June 3, 8:30-9:15 a.m.

Walking a path of emotional, physical, mental and spiritual balance is something Don Coyhis calls “wellbriety.” Coyhis, a member of the Mohican Nation, founded the nonprofit White Bison to bring Native-American communities into healing by supporting wellbriety with culturally relevant treatment, prevention and recovery materials. Coyhis bases his programs, trainings and resources on the teaching of Native-American elders and the 12-step program. National organizations including the White House Office of Drug Control Policy, the Substance Abuse and Mental Health Services Administration and the National Association for Children of Alcoholics have relied upon Coyhis for technical assistance and prevention and recovery materials and programs.



June 3, 1:30-2:15 p.m.

Empowering those with whom he comes in contact toward purpose, destiny and a Godly life is part of Bishop Simon Gordon’s personal mission. As pastor of Triedstone Full Gospel Baptist Church in Chicago, Gordon ministers to more than 2,000 active members and provides guidance to church leaders. In his own community and across the globe, he reaches out through theological expeditions and awareness initiatives. He has spearheaded initiatives on health insurance and end-of-life care and actively supports VITAS Hospice and Prevention Partnership. Bridging the gap between business and community and providing a full range of counseling, health-care, child-care and other services to his community are among his current priorities.

Breakout Sessions At-A-Glance

Track Color-Code Guide

Prevention
 Intervention
 Treatment

June 2 11 a.m.-12:30 p.m. Session

	Presenter	Room
Four Days of Sacrifice Equals a Lifetime of Rewards...	Blazquez	Hunt I
Issues in Mental Health Treatment for African-American Adolescents in the Juvenile Justice System	DeCarlo	Kent
Asian-American/Pacific Islander Cultural Competency and HIV	Kimpo	Oak Brook Ballroom 1
Establishing Cultural Collaborations for Youth/Adult Partnerships	Kiongozi	Spring
That's a Family: Engaging Elementary-School-Age Children in Beginning Discussion about Families and Diversity	Morten	Oak Brook Ballroom 3
Exploring Spirituality in the Ethnically Diverse Latino World as a Support System for Service Providers	Pérez	Oak Brook Ballroom 4
Morality and Drug Use: Moving Beyond Judgement	Peterson Small	Foyer F
Our Voices Are Stronger Than Violence: Affirmation and Discovery Through Nurturing Book Group Circles	Thomson	Oak Brook Ballroom 2
Raising Our Spiritual Voices	Wilcox	York
3:30-5 p.m.		
Waking Up Our Youth with Help from Our Ancestors	Blazquez	Hunt
Reaching for the Roots: Spirituality in Treatment	Brickman	Foyer F
Finding Our Voice: Mobilizing Asian-American and Pacific-Islander Communities to Speak out Against Tobacco	Do/Owens	Oak Brook Ballroom 2
Lessons from Shamanic Healing: Brief Psychotherapy with Latino Immigrant Clients	Dobkin de Rios	Oak Brook Ballroom 1
Unexplored Terrain: Taking a Spiritual and Religious History	Kehoe	York
In Living Color: Strategies in Dealing with Empowerment, Anger, Belonging and Conflict in Communities of Color	Kiongozi	Spring
It's Elementary	Morten	Oak Brook Ballroom 3

How to Build Strategies for Mental Health	Reinheimer	Oak Brook Ballroom 4
Trail of Heritage Through a Trail of Tears	Wyatt	Kent
June 3 9:30-11 a.m. Session		
Presenter Room		
The Traditional Native-American Ceremony Healing Children in Youth Facilities	CrazyBull	Spring
Religion and African-Americans: Use and Abuse	Greene	Hunt
Spiritual Challenges and Opportunity: Identifying Obstacles and Resources for Recovery	Kehoe	York
Integrating Spirituality and Religious Values with HIV/AIDS Prevention	Loue	Oak Brook Ballroom 3
Barriers to Learning for Children of Color	McMiller	Oak Brook Ballroom 4
Use of Creative Interventions for Community, Family and Youth	Pacheco-Sanchez	Oak Brook Ballroom 2
Medicine Wheel Workshop	Toahty	Kent
Policy Advocacy on Tobacco Control Among Communities of Color	Vega	Foyer F
What's the BUSINESS About Diversity?	Vivian	Oak Brook Ballroom 1
11:15 a.m.-12:45 p.m.		
Finding Peace Within Me	Bullie/Villegas	Oak Brook Ballroom 4
Panel Discussion of Faith-Based Intervention in Child Welfare	Panel	York
Cannabis Youth Treatment Interventions and Their Implementation with Multicultural Groups in Early Intervention and Treatment	Godley	Oak Brook Ballroom 2
Use and Abuse of Religion Among African-Americans: The Relation to Homophobia and Internalized Racism	Greene	Hunt
Cultural Competency for Prevention Organizations	Hernández-Alarcón	Spring
Working with Latino Youth: Using Culture as an Agent for Change	Herrera/Serrano	Foyer F
Indigenous Leader Outreach Model: Enlisting Former Substance Users to Deliver Community-Based Health Interventions	Jimenez/Snulligan	Oak Brook Ballroom 3
Cultural Connections: Real World Strategies for Today's Youth	Kiongozi	Kent
Engendering Gender Greatness: A Collaboration for Equitable Excellence	Vivian	Oak Brook Ballroom 1

June 2

Breakout Sessions

11 a.m.-12:30 p.m.

Four Days of Sacrifice Equals a Lifetime of Rewards...

Room: Hunt Track: Intervention

Time-honored ceremonies of initiation guide young people into their next stage of life with the lessons of care, self-sacrifice and humility. In this breakout session, participants will learn how rites of passage can awaken youth to serve and care for the family, the village and the culture.

The breakout session will be led by Frank Tekpatzin Blazquez, executive director and spiritual mentor of Youth Struggling for Survival, a youth-empowerment organization. Tekpatzin Blazquez is also founder and Teopizqueh (guide) of Kalpulli Yetlanezi-Tolteka 13, a Mexika indigenous spiritual and cultural clan.

Issues in Mental-Health Treatment for African-American Adolescents in the Juvenile-Justice System

Room: Kent Track: Treatment

This breakout session will highlight mental-health professionals' inadequate understanding of the culture of African-American adolescents and the reliance of judges, probation officers and attorneys upon the recommendations of those mental-health professionals.

This breakout session will be led by Alonzo DeCarlo, who holds master's degrees in clinical social work and experimental psychology and a doctorate in developmental psychology. He is currently a professor of psychology at Chicago State University and combines counseling and law-enforcement experience with expertise as a trained clinician and researcher.

Asian-American Pacific Islander Cultural Competency and HIV

Room: Oak Brook Ballroom 1 Track: Prevention

This breakout session will give participants a general overview of how HIV/AIDS affects Asian-American Pacific-Islander (AAPI) communities and the challenges that may occur when providing HIV services to this population. Informative technical-assistance and capacity-building resources will be discussed.

This breakout session will be led by Karl D. Villanueva-Kimpo, the AAPI Midwest HIV capacity builder at the Asian Health Coalition of Illinois. He "unofficially" began his work with HIV and Asian-American Pacific-Islander communities while researching the topic for Queer AAPI Heritage Month at the Lesbian/Gay Community Service Center of Greater Cleveland in May 2001.

Establishing Cultural Collaborations for Youth/Adult Partnerships

Room: Spring Track: Prevention

In this breakout session, participants will identify barriers and solutions to developing and sustaining youth-adult partnerships, discuss stereotypes that prevent the sharing of power between youth and adults, learn how to talk so others will listen, and recognize the advantages of establishing health collaborations and the pitfalls in youth-adult partnerships.

This breakout session will be led by Jah-Rel Muata Kiongozi, the executive director of youth and family services for the National Training Institute for Youth and Justice. He holds a doctorate in behavioral psychology, holistic and family therapy, from Howard University.

That's a Family: Engaging Elementary-School-Age Children in Beginning Discussion about Families and Diversity

Room: Oak Brook Ballroom 3 Track: Prevention

This breakout session introduces *That's a Family!*, a groundbreaking educational film that encourages honest discussion among children and adults about what "family" means today. Participants will view the film, preview the curriculum guide and discuss the relationship between respect for family diversity and health, safety and antibias/antiviolence principles.

This breakout session will be led by Mary Morten, the president of Morten Group, a consulting firm specializing in social change through skills development, public policy and advocacy. She was previously the director of the Office of Violence Prevention for the Chicago Department of Public Health.

Exploring Spirituality in the Ethnically Diverse Latino World as a Support System for Service Providers

Room: Oak Brook Ballroom 4 Track: Prevention

This breakout session will explore the many spiritual options that may suit the ethnically diverse Latino population and how these options can offer support to service providers. There will be an open dialogue, as well as individual and group work.

The breakout session will be led by Claudia Pérez, who has trained professionals and service providers in cultural diversity and cultural competency. She has trained Welfare-To-Work ex-offenders and developed curricula for violence prevention, literacy and public-health issues for at-risk adult, immigrant and youth populations.

Morality and Drug Use: Moving Beyond Judgement

Room: Foyer F Track: Prevention

A major barrier to promoting drug-policy reform has been the assertion that illegal drug use is immoral. This breakout session will discuss the relationship between personal beliefs and public policy, as well as the role of spirituality in the development of culturally relevant treatment options. Participants will also explore the potential of religious communities to become powerful advocates for drug-policy reform.

This breakout session will be led by Deborah Peterson Small, who wants you all to know that she

is a native New Yorker and a proud graduate of the City College of New York, Harvard Law School and the John F. Kennedy School of Government. She is currently director of Break the Chains: Communities of Color and the War on Drugs.

Our Voices Are Stronger Than Violence: Affirmation and Discovery Through Nurturing Book Group Circles

Room: Oak Brook Ballroom 2 Track: Prevention

This breakout session will demonstrate the nurturing book-group model developed by Literature for All of Us, a nonprofit organization for teen mothers and at-risk girls. The model combines book discussion, poetry writing and positive group rituals that boost self-esteem, awareness of community and access to spiritual strength. It has also been adapted for use with boys and young fathers.

The breakout session will be led by Karen Thomson, a professional book-group leader and the founder and executive director of Literature for All of Us. She has a Bachelor of Arts in literature from Wheaton College and an Master of Arts in teaching from Northwestern University.

Raising Our Spiritual Voices

Room: York Track: Prevention

We have in common an inner spiritual voice that can guide us toward wise and healthy decisions for our lives. From this wellspring, we can get all that we need to teach others how to listen for the sounds of their own voices. This breakout session will discuss how HIV prevention has become less about teaching bodily fluids than about how we live in the world.

This breakout session will be led by Dina Wilcox, a retired attorney with her own personal HIV story to tell. She's been telling that story to talk about HIV prevention with groups of young people, women, couples, inmates in prisons and at her state's HIV prevention planning group since 1991.

June 2

Breakout Sessions 3:30–5 p.m.

Waking Up Our Youth with Help from Our Ancestors

Room: Hunt **Track:** Prevention

Youth leaders from Youth Struggling for Survival will lead a cultural and spiritual breakout session that will describe how ancient cultural traditions combined with modern insights and world views can awaken young people to their inner gifts.

The breakout session will be led by youth leaders Natane “Tanee” Blazquez, Chris Dino, Norma Barth, Edmundo Clarin, Gia Rivera and Christopher Lim, along with Frank Tekpatzin Blazquez, executive director and spiritual mentor of Youth Struggling for Survival.

Reaching for the Roots: Spirituality in Treatment

Room: Brickman Foyer F **Track:** Treatment

This breakout session will offer a clinical perspective of spirituality in counseling, psychotherapy and substance-abuse treatment based on one therapist’s own path of development in working with the inner life of his patients. When is it helpful to highlight spirituality in treatment?

The breakout session will be led by Clifford Brickman, D.N., LCSW, a practicing psychotherapist and health care practitioner. He founded Family Stress Clinic

and has contracted with the Veterans Administration, United States Postal Service, and Illinois Child and Family Services to address post-traumatic stress syndrome, dual-diagnosis, stress reduction and violence prevention, abuse and neglect.

Finding Our Voice: Mobilizing Asian-American and Pacific-Islander Communities to Speak Out Against Tobacco

Room: Oak Brook Ballroom 2 **Track:** Prevention

Did you know that the smoking rate can be as high as 72 percent among males in certain Asian-American and Pacific-Islander ethnic groups? This breakout session will explore tobacco’s impact on Asian-American and Pacific-Islander communities and innovative approaches to empower and mobilize adults and youth to take action.

The breakout session will be led by Duong-Chi Do and Cheryl Owens. Do has been a program coordinator for Asian Pacific Partners for Empowerment and Leadership for four years. Owens has been the statewide project director for Asian American Youth Against Tobacco since 2002.

Lessons from Shamanic Healing: Brief Psychotherapy with Latino Immigrant Clients

Room: Oak Brook Ballroom 1 **Track:** Treatment

Medical anthropologists can inform the assessment and treatment of immigrant clients from Latin America by understanding the spiritual and healing roots from shamanism, the first religion of humankind, which focuses on firsthand, direct contact with the preternatural. This breakout session will examine traditional folk healing throughout Latin America and appropriate psychotherapy interventions derived from these healing milieu.

The breakout session will be led by Marlene D. de Rios, Ph.D., a medical anthropologist, licensed marriage family therapist, and an associate clinical professor of psychiatry and human behavior at the University of California, Irvine.

Unexplored Terrain: Taking a Spiritual and Religious History

Room: York **Track:** Treatment

This breakout session will examine the importance of knowing a person’s spiritual and religious back-

ground to understand what supports the person might have in their spiritual or religious tradition or how past experiences interfere with recovery.

The breakout session will be led by Nancy C. Kehoe, RSCJ, Ph.D., an instructor in psychology in the Department of Psychiatry at The Cambridge Health Alliance, affiliated with Harvard Medical School. She is a member of the Religious of the Sacred Heart and has had leadership positions within her order. Her area of expertise is religion and spirituality in the clinical context.

In Living Color: Strategies in Dealing with Empowerment, Anger, Belonging and Conflict in Communities of Color

Room: Spring Track: Intervention

This breakout session will identify cultural concerns that have a major role in community empowerment, anger management and conflict resolution. Participants will examine the effects of racism, prejudice and hate on communities of color and the process for self-improvement; identify diversity and cultural issues that may naturally and unconsciously occur in everyday situations; and focus on the strengths and assets of cultural values that mitigate interpersonal violence, counter the negative socialization processes and promote healthy behaviors.

This breakout session will be led by Jah-Rel Muata Kiongozi, the executive director of youth and family services for the National Training Institute for Youth and Justice. He holds a doctorate in behavioral psychology, holistic and family therapy, from Howard University.

It's Elementary

Room: Oak Brook Ballroom 3 Track: Prevention

It's Elementary is the first film to provide adults with practical lessons on how to talk with kids about antigay prejudice. *It's Elementary* shows that children are eager and able to wrestle with stereotypes and absorb new facts about what it means to be gay or lesbian. The film models excellent teaching about family diversity, name calling, stereotypes, community building and more.

This breakout session will be led by Mary Morten, the president of Morten Group, a consulting firm special-

izing in social change through skills development, public policy and advocacy. She was previously the director of the Office of Violence Prevention for the Chicago Department of Public Health.

How to Build Spiritual Strategies for Mental Health

Room: Oak Brook Ballroom 4 Track: Intervention

Our spiritual boss walks with us every day, all day, whether we say good morning or not. We need to connect with the boss as fast as we can! We need humor, wisdom and faith to get us through the messes we've made. These are all part of the spiritual strategies we need to improve our mental health. Come to this breakout session ready to put some life-changing strategies back into your life. Learn from life.

This breakout session will be led by Jane Reinheimer, a licensed clinical professional counselor. She holds a Master of Arts degree in psychology from Concordia University and has been full-time practicing counselor since 1990.

Trail of Heritage Through a Trail of Tears

Room: Kent Track: Prevention

This breakout session will recap of the Indian Removal Act of 1830 from a black Indian perspective, including historical documents from the 1830 Removal Act to the present and an accounting of black and native history that has been omitted from the pages of today's history books. The session will trace the steps of the presenter's ancestors, dispelling the myth that people of color's history has been hidden, stolen or lost.

The breakout session will be led by Eleanor Wyatt, chairman of the Board of the Freedmen Descendants of the 5 Civilized Tribes, Inc., of Kansas and charter member of Black Indians United Legal Defense and Education Fund.

June 3

Breakout Sessions

9:30 - 11 a.m.

The Traditional Native-American Ceremony Healing Children in Youth Facilities

Room: Spring Track: Treatment

This breakout session will present the sweat-lodge program as a model for healing in youth facilities. The presentation will cover building the sweat lodge, training the staff, conducting the ceremony and overcoming obstacles of running the sweat lodge in a facility. He will explain how the program can serve as an effective tool for the residents to find balance and peace in their traditional roots despite their violent, gang-related, substance abuse or sex-offending behaviors.

The breakout session will be led by Chief CrazyBull, a full-blood member of the Sicangu/Lakota Nation of Rosebud, South Dakota, on the Brule-Sicangu Indian Reservation. He is an ancestral chief and traditional spiritual leader, medicine man of the Sicangu/Lakota Tribe and carries out all those duties prescribed by the tribal law. He holds a master's degree in counseling psychology.

Religion and African-Americans: Use and Abuse

Room: Hunt Track: Treatment

The role of religion in the lives of African-Americans is multifaceted. While it has been a source of liberation over social oppression, it can also be used to discriminate within the group and encourage unhealthy behavior. This workshop will explore this issue and discuss strategies mental-health professionals may use to promote a healthy use of religion and spirituality.

Beverly Greene, Ph.D., ABPP, is a professor of psychology at St. John's University and a practicing clinical psychologist. A Fellow of the American Psychological Association and six of its divisions, the

Academy of Clinical Psychology, and the American Orthopsychiatric Association, she is a diplomate in clinical psychology from the American Board of Professional Psychology.

Spiritual Challenges and Opportunity: Identifying Obstacles and Resources for Recovery

Room: York Track: Treatment

Within spiritual and religious traditions there are beliefs, messages, stories and experiences that have shaped us in both positive and negative ways. When our experience is negative, we often turn away from the tradition without recognizing the resources that have also been present. In this breakout session, we will explore the challenges that religious traditions present that may be obstacles to recovery and the opportunities within traditions that can assist us on the road to recovery.

The breakout session will be led by Nancy C. Kehoe, RSCJ, Ph.D., an instructor in psychology in the Department of Psychiatry at The Cambridge Health Alliance, affiliated with Harvard Medical School. She is a member of the Religious of the Sacred Heart and has had leadership positions within her order. Her area of expertise is religion and spirituality in the clinical context.

Integrating Spirituality and Religious Values with HIV/AIDS Prevention

Room: Oak Brook Ballroom 3 Track: Prevention

This breakout session will focus on how spirituality and religious values can be integrated into HIV/AIDS prevention messages. Using the integration of values derived from Theravada Buddhism with HIV prevention concepts for Southeast-Asian communities, the session will examine how to determine the appropriateness of a spiritual or religious approach and identifying relevant values and community leaders.

The breakout session will be led by Sana Loue, Ph.D., an associate professor in the Department of Epidemiology and Biostatistics, School of Medicine, Case Western Reserve University.

Barriers to Learning for Children of Color

Room: Oak Brook Ballroom 4 Track: Treatment

In 2001, black public-school students were three times as likely as white students to be identified as in need of special education services. Latino youth are most likely than any other group to drop out of school often because they can not learn. Children of color are failing and services for them are failing in record numbers. We will review what specialized learning techniques are particularly pertinent to children of color and discuss policy implications for our children.

The breakout session will be led by William P. McMiller, M.D., M.P.H., a child and adolescent psychiatrist integrated into primary-care services for families cared for by Circle Family Care and other federal health clinics in the Chicago area. He has specialized for 10 years in culturally competent integrated multimodal treatment of children and adolescents with psychiatric, psychosocial and chronic medical problems.

Use of Creative Interventions for Community, Family and Youth

Room: Oak Brook Ballroom 2 Track: Intervention

This breakout session will focus on some of the creative interventions developed by staff and youth at Youth Development, Inc. Use of ritual, building relationships, collaboration and approaching youth will be discussed.

The breakout session will be led by Judy Pacheco-Sanchez, the deputy director of outreach services at Youth Development, Inc. She was previously the program director of the gang intervention/prevention program at the organization.

Medicine Wheel Workshop

Room: Kent Track: Treatment

Holistic healing is the healing of the person as a whole. The Medicine Wheel incorporates four major components of our human psyche: mental, emotional, physical and spiritual. Each part is dependent on the other. This breakout session will focus on the components of the Medicine Wheel, as well as connecting with ancestors for help and guidance, relaxation and meditation, cleansing with ceremony, guided imagery, and the Talking Circle.

The breakout session will be led by Michael G. Hoahy Sr., I.C.A.D.C., a state and internationally certified counselor who has been assisting others for more than 20 years. In 1983, he started his spiritual journey and began to follow the Red Road through the spiritual ceremonies of his people. E-NAN-NEE-BAYEE (Singing Man) is descended from a long line of chiefs and warriors from both sides of his family.

Policy Advocacy on Tobacco Control Among Communities of Color

Room: Foyer F Track: Prevention

This breakout session will focus on PATH: Policy Advocacy on Tobacco and Health, a national initiative designed by The Praxis Project and Robert Wood Johnson Foundation to build bridges between tobacco policy initiatives and strengthen the voice and capacity of communities of color in the tobacco-control movement.

The breakout session will be led by Juan Carlos Vega, information specialist at The Praxis Project, a nonprofit organization dedicated to capacity building, technical assistance, research and training for community-based policy change.

What's the BUSINESS About Diversity?

Room: Oak Brook Ballroom 1 Track: Prevention

Diversity is an issue of monetary concern to corporate, nonprofit, educational and government organizations. This breakout session will explain why diversity initiatives make sound business and organizational sense. It will help participants turn opponents into proponents and eliminate animosity and backlash toward diversity efforts.

The breakout session will be led by Al Vivian, president and CEO of Basic Diversity, Inc., a cultural diversity training firm that uses some fairly dramatic techniques to get corporate managers and line employees to confront their biases and prejudices about other cultures.

June 3

Breakout Sessions

11:15 a.m.-12:45 p.m.

Finding Peace Within Me

Room: Oak Brook Ballroom 4 **Track:** Prevention

This breakout session will focus on gaining peace within yourself, so that your creativity can release from within with clarity and direction. Participants will walk away from this workshop with spiritual techniques that can be transferred to the classroom and/or community. The session will comprise a mini-performance and hands-on activity.

The breakout session will be led by Jacinda Bullie and Jaquanda Villegas. Bullie is the program director and assistant creative director for Kuumba. She received her Bachelor of Arts from Columbia College in early childhood education with a concentration in performing arts. Villegas is the artistic director, assistant program director, and mentor for Kuumba Lynx. She is a graduate of Northeastern University and conducts creative writing workshops with the North Lawndale Community Center.

Panel Discussion of Faith-Based Intervention in Child Welfare

Room: York **Track:** Intervention

A panel of faith leaders and Department of Children & Family Services (DCFS) administrators will discuss the benefits of faith-based intervention with children and families and "Partnership in Faith," a new initiative that will identify faith leaders to partner with DCFS to provide guidance and support to families and children in their communities.

Cannabis Youth Treatment Interventions and Their Implementation with Multicultural Groups in Early Intervention and Treatment

Room: Oak Brook Ballroom 2 **Track:** Treatment

This breakout session will provide an overview of the cannabis youth treatment study, including a description of the five interventions that were compared and the study findings. The presenter will discuss implementation of this intervention in student-assistance programs and community-agency outpatient settings with various cultural groups and provide insights from different providers around the country.

The breakout session will be led by Susan Harrington Godley, a senior research scientist at Chestnut Health Systems in Bloomington, Illinois. She received her doctorate in rehabilitation from Southern Illinois University.

Use and Abuse of Religion Among African-Americans: The Relation to Homophobia and Internalized Racism

Room: Hunt **Track:** Treatment

This breakout session will focus on the relationship between internalized racism, homophobia and internalized homophobia among African-Americans; the misuse of religion to reinforce these attitudes; and their destructive consequences in mental health.

Beverly Greene, Ph.D., ABPP, is a professor of psychology at St. John's University and a practicing clinical psychologist. A Fellow of the American Psychological Association and six of its divisions, the Academy of Clinical Psychology, and the American Orthopsychiatric Association, she is a diplomate in clinical psychology from the American Board of Professional Psychology.

Cultural Competency for Prevention Organizations

Room: Spring **Track:** Prevention

This breakout session will provide participants with an understanding of the key principles of cultural competency and outline ways that prevention leaders can integrate them into their plans, strategies and activities. Participants will learn how to assess their

organizational cultural competency and find resources to enhance the cultural competency levels of their organizations.

The breakout session will be led by Eduardo Hernández-Alarcón, Ph.D., the deputy director for dissemination and coalition relations for the National Community Anti-Drug Coalition Institute, Community Anti-Drug Coalitions of America. He has been a substance abuse prevention leader at the local, state, and national level for more than a decade.

Working with Latino Youth: Using Culture as an Agent for Change

Room: Foyer F Track: Intervention

This breakout session will feature an overview of the Los Compadres, a program serving predominately high-risk Latino youth of Mexican/Chicano descent. Participants in this workshop will also learn how traditional and indigenous teachings regarding manhood can be used to guide youth on their road to becoming “jovenes con palabra” or “young men of their word.”

The breakout session will be led by Alberto Herrera and Saul Serrano. Herrera is the lead health educator for Los Compadres, an adolescent male pregnancy-prevention program. He will complete his Master of Arts in education in the fall. Serrano is a health educator for Los Compadres. He is currently a senior in the sociology department at the University of California, Santa Barbara.

Indigenous Leader Outreach Model: Enlisting Former Substance Users to Deliver Community-Based Health Interventions

Room: Oak Brook Ballroom 3 Track: Prevention

This breakout session will examine the Indigenous Leader Outreach Model, a unique intervention developed by the University of Illinois at Chicago Community Outreach Intervention Projects (COIP), which employs members of high-risk populations to provide services and health information. The workshop will discuss how a focus on social networks rather than isolated individuals reinforces positive behavior by altering the culture of risk.

The breakout session will be led by Antonio David Jimenez and Edward Snulligan. Jimenez is a

trained ethnographer who has been a senior member of the COIP staff since its inception in 1987. Snulligan is a site supervisor and former outreach specialist for COIP.

Cultural Connections: Real World Strategies for Today's Youth

Room: Kent Track: Prevention

This breakout session will be about improving your effectiveness in handling sensitive conversations on religion, homosexuality, racism, bigotry and stereotypes with family, friends and those with whom you may or may not agree. Participants will learn to understand the hazardous perceptions, language and actions that create racial barriers and key perspectives that build bridges between various cultures.

This breakout session will be led by Jah-Rel Muata Kiongozi, the executive director of youth and family services for the National Training Institute for Youth and Justice. He holds a doctorate in behavioral psychology, holistic and family therapy, from Howard University.

Engendering Gender Greatness: A Collaboration for Equitable Excellence

Room: Oak Brook Ballroom 1 Track: Prevention

Every enterprise is being challenged by gender-equity issues within the workforce. Research shows that men are experiencing feelings of vulnerability and confusion toward this challenge, while women are expressing frustration and anger. This breakout session will help participants understand how to deal with these feelings. It will also empower both males and females with knowledge, skills and techniques to better understand, communicate and empathize with each other.

The breakout session will be led by Al Vivian, president and CEO of Basic Diversity, Inc., a cultural diversity training firm that uses some fairly dramatic techniques to get corporate managers and line employees to confront their biases and prejudices about other cultures.

General Information

Questions and Messages

Please visit the registration area located in the Regency Foyer if you have any questions regarding the conference. Messages will be accepted at the registration area and posted as received.

Conference Name Badges

For security purpose, name badges must be worn for admission into all educational sessions, meals, keynote addresses and other conference activities.

No Smoking

A no-smoking policy will be observed in all conference areas and events. Thank you for your cooperation.

Evaluation Forms

Evaluation forms will be distributed at each educational session. Please complete the evaluation and turn it in at the end of the session. An evaluation of the conference as a whole is in your conference bag. Please complete the form and return it to the registration area at the end of the conference. Participant comments are a valuable tool in planning future conferences.

Exhibits

Don't miss the conference exhibit area in the Regency Foyer.

June 2
8 a.m.–7:30 p.m.

June 3
7 a.m.–1 p.m.

Continuing Education Credit

Participants applying for continuing education credits must sign in *each morning* at the continuing education desk located in the Regency Foyer. To receive credits, you must provide your mailing address, Social Security number and the applicable license number on the form provided. If you do not have a professional license number and wish to receive accredited hours, you must sign in and provide your mailing address and Social Security number on the appropriate forms.

Oakton Community College, in association with Alliance for Lifelong Learning and Continuing Education for Health Professionals, will provide continuing education credits for:

- Social Workers
- Professional Counselors/Clinical Counselors
- Registered Nurses
- General Education

The following continuing education units have also been applied for:

- Counselors I and II (IAODAPCA)
- Prevention I and II (IAODAPCA)
- Assessors I and II (IAODAPCA)
- MISA I and II (IAODAPCA)

For more information about the preceding continuing education units, inquire at the continuing education desk.

The following members of the planning committee deserve a special thank you for all of their hard work, time, dedication and contributions to make this conference a reality.

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Green House Shelter

Frank Blazquez

Youth Struggling For Survival

Johnny Banks

A Knock At Midnight

Tasha Wilkerson

Prevention First

Laura Sklansky

Prevention First

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Mexican Community Committee

Junko Honma

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